



Huaraz - Peru

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**Ishinca (5530m) and Urus (5495m)**

**4 Day Climbing Trip**

**Cordillera Blanca, Peru**

## Day 1 Huaraz - Pashpa - Base camp



We leave Huaraz (3100m) at 8.00am and drive to Pashpa (3700m). Here we will meet our donkeys and arrieros who will carry the main luggage as far as the base camp, and collect it two days later. From Pashpa it is a gentle (12km) walk through the Ishinca valley to our base camp (4350m). The route passes through Quenual woods and impressive rock formations. On arrival at our camp, a hot meal is served and the climbing equipment is explained and packed ready for the summit attempt. This is the base camp for Ishinca, Urus, Tocllaraju, Ranrapalca and Palcaraju.

## Day 2 Base Camp - Summit Ishinca - Base Camp



We wake up at 1.00am, drink a hot tea and set off. The route to the glacier takes us up 650m but in no part is it very steep. This section of the walk will take 2 - 2.5 hours. On reaching the glacier, everybody puts on crampons, gaiters, harnesses and helmets. The group will rope together and each person takes their ice axe in their hand. We traverse the glacier from left to right, climbing a further 500m to reach the summit at around about sunrise. On top of the mountain we will eat a small breakfast, enjoy a hot drink and take in the panoramic view of Huantsan, Tocllaraju, Urus, Palcaraju, Vallunaraju, Ranrapalca and the vast Cordillera Blanca behind them. After relaxing for 20 minutes we begin our return to base camp where we should arrive between 12.00 and 1.00pm. The remainder of the day is for resting and a hot meal will again be served in the dining tent.

## Day 3 Base Camp - Summit Urus - Base Camp



We wake up at 2.30am for a hot drink and set off for our second summit at 3.00am. The route to this glacier is shorter but steeper. After approximately 3 hours we should reach the glacier and after 2 more the summit. The return to base camp takes only 3 hours in total. From the summit of Urus we can enjoy the view of Huascarán, Copa, Aquilpo, Ishinca and many more mountains. Urus and Ishinca are great mountains for training and acclimatising before attempting the bigger mountains. Dinner will again be served in the evening.

## Day 4 Base Camp - Pashpa - Huaraz



The arrieros will arrive to collect the baggage at 8.00am. After a final breakfast together we pack up and begin the return journey to Pashpa where our vehicle will be waiting to drive us back to Huaraz. Expected arrival time is 3.00pm.

## **Includes**

- Guide
- Arriero
- Donkeys
- Food
  - Lunch, dinner and snacks day 1
  - Breakfast, lunch, dinner and snacks day 2
  - Breakfast, lunch, dinner and snacks day 3
  - Breakfast, lunch and snacks day 4
- Camping and climbing equipment
- First aid kit
- Private transport

## **Does not include**

- Entrance to the national park (65 soles)
- Accident insurance

## **Clients should carry a daypack with the following.**

- Water
- Sunblock
- Sun glasses
- Cap
- Rain poncho
- Warm jacket
- Packed lunch (provided)
- Camera

If you would like to modify this plan, please do not hesitate to contact us.